

WEEK 1	WEEK 2	WEEK 3
<p>MONDAY</p> <p>MAIN COURSE: PASTA BOLOGNAISE VEGETARIAN MAIN: CHEESE AND TOMATO PASTA BAKE MAINS SERVED WITH A CHOICE OF: GARLIC BREAD,, SALAD, SWEETCORN, BAKED BEANS WEDGES JACKET POTATOES DELI WRAP: BBQ CHICKEN DESSERTS: DESSERT OF THE DAY</p>	<p>MONDAY</p> <p>MAIN COURSE: HUNTERS CHICKEN OR CAULIFLOWER BAKE CHEESE BAKE DELI WRAP:TANDOORI CHICKEN WRAP DESSERTS: DESSERT OF THE DAY</p>	<p>MONDAY</p> <p>MAIN COURSE: PASTA AND MEATBALLS OR SWEET CHILLI CHICKEN WRAP VEGETARIAN MAIN: PASTA AND VEGGIE QUORN BALLS MAINS SERVED WITH A CHOICE OF: WEDGES, SLAW , GARLIC BREAD AND BAKED BEANS EXTRA: DESSERTS: DESSERT OF THE DAY</p>
<p>TUESDAY</p> <p>MAIN COURSE: CHICKEN AND MUSHROOM PIE OR BEEF AND ONION PIE VEGETARIAN MAIN: CHEESE AND ONION PASTIE MAINS SERVED WITH A CHOICE OF: HERB DICED POTATOES PEAS CARROTS, SALAD JACKET POTATOES AND BAKED BEANS DESSERTS: DESSERT OF THE DAY</p>	<p>TUESDAY</p> <p>MAIN COURSE: SAUSAGE AND ONIONS IN GRAVY OR STEAK SLICE VEGETARIAN MAIN: VEG SAUSAGE IN ONION GRAVY MAINS SERVED WITH A CHOICE OF: SEASONAL VEG , MASH POTATOES JACKET POTATOES BAKED BEANS DESSERTS: DESSERT OF THE DAY</p>	<p>TUESDAY</p> <p>MAIN COURSE: CHICKEN CURRY OR LAMB CURRY VEGETARIAN MAIN VEG CURRY MAINS SERVED WITH A CHOICE OF: RICE NAAN BREAD JACKET POTATO AND BAKED BEANS DESSERTS: DESSERT OF THE DAY</p>
<p>WEDNESDAY</p> <p>MAIN COURSE: BURGER DAY – 100% BEEF BURGER OR HOT DOG VEGETARIAN MAIN: VEGETABLE BURGER SERVED IN A FLOURED BAP MAINS SERVED WITH A CHOICE OF: WEDGES, BAKED BEANS AND SLAW JACKET POTATO DESSERT OF THE DAY</p>	<p>WEDNESDAY</p> <p>MAIN COURSE MEAT FEAST PIZZA VEGETARIAN MAIN: CHEESE AND TOM PIZZA MAINS SERVED WITH A CHOICE OF: WEDGES, PEAS AND BAKED BEANS JACKET POTATO DELI WRAP BBQ CHICKEN DESSERTS: DESSERT OF THE DAY</p>	<p>WEDNESDAY</p> <p>MAIN COURSE CORNISH PASTIE OR FISH CAKE VEGETARIAN MAIN: VEGETABLE PASTIE OR CHEESE AND ONION QUICHE MAINS SERVED WITH A CHOICE OF: CHIPS PEAS JACKET POTATO BAKED BEANS SALAD DESSERTS: DESSERT OF THE DAY</p>
<p>THURSDAY</p> <p>MAIN COURSE: ROAST LOIN OF PORK OR CHICKEN TIKKA WRAP VEGETARIAN MAIN: QUORN AND VEG CASSAROLE MAINS SERVED WITH A CHOICE OF: SEASONAL VEG, NEW POTATOES JACKET POTATOES BAKED BEANS SALAD DESSERTS: JAM SPONGE WITH CUSTARD</p>	<p>THURSDAY</p> <p>MAIN COURSE: ROAST CHICKEN OR ROAST PORK VEGETARIAN MAIN: CHEESE AND POTATO PIE MAINS SERVED WITH A CHOICE OF: ROAST POTATOES SEASONAL VEGETABLES AND GRAVY JACKET POTATOES BAKED BEANS DESSERTS: DESSERT OF THE DAY</p>	<p>THURSDAY</p> <p>MAIN COURSE: ROAST BEEF OR ROAST PORK VEGETARIAN MAIN: VEG STEW MAINS SERVED WITH A CHOICE OF: MASH POTATO, SEASONAL VEG GRAVY JACKET POTATO BAKED BEANS DESSERTS: DESSERT OF THE DAY</p>
<p>FRIDAY</p> <p>MAIN COURSE: CHIP SHOP DAY – BREADED COD OR SAUSAGE ROLL, VEG PASTIE MAINS SERVED WITH A CHOICE OF: CHIPS, MUSHY PEAS, CURRY SAUCE AND GRAVY DESSERTS: DESSERT OF THE DAY</p>	<p>FRIDAY</p> <p>MAIN COURSE: CHICKEN GOUJONS OR FISH FINGERS VEGETARIAN MAIN: VEG PASTIE MAINS SERVED WITH A CHOICE OF: CHIPS, JACKET POTATO BAKED BEANS, COPPED SALAD AND SLAW DESSERTS: DESSERT OF THE DAY</p>	<p>FRIDAY</p> <p>MAIN COURSE: BBQ OR SPICEY CHICKEN WINGS OR FISH GOUJONS VEGETARIAN MAIN: CHEESE AND ONION PASTIE MAINS SERVED WITH A CHOICE OF: CHIPS, SWEETCORN AND BAKED BEANS JACKET POTATO DESSERTS: DESSERT OF THE DAY</p>
<p>ALLERGENS KEY C - CEREALS CONTAINING GLUTEN P – PEANUTS N - NUTS (TREE NUTS IE. ALMONDS, WALNUTS) M – MILK S – SOYA MU – MUSTARD L – LUPIN E – EGGS F - FISH CR - CRUSTACEANS (PRAWNS) MO - MOLLUSCS (SCALLOPS, MUSSELS) SS - SESAME SEED CE – CELERY SD - SULPHUR DIOXIDE CUSTOMER INFORMATION V – VEGETARIAN H – HALAL GF – GLUTEN FREE</p>		

WEEK 4

AVAILABLE EVERYDAY

MONDAY

MAIN COURSE: BEEF LASAGNE
VEGETARIAN MAIN: VEG LASAGNE
MAINS SERVED WITH A CHOICE OF: GARLIC BREAD AND CHOPPED SALAD WEDGES JACKET POTATO BAKED BEANS
DELI WRAP: SWEET AND SOUR CHICKEN
DESSERTS: DESSERT OF THE DAY

TUESDAY

MAIN COURSE: MINTED LAMB PIE OR COTTAGE OIE
VEGETARIAN MAIN: VEGGIE COTTAGE PIE
MAINS SERVED WITH A CHOICE OF: POTATO CROQUETS, MIXED VEGETABLES AND GRAVY JACKET POTATO BAKED BEANS
DESSERTS: DESSERT OF THE DAY

WEDNESDAY

MAIN COURSE: FLAVOURED CHICKEN THIGH OR SAUSAGES
VEGETARIAN VEG SAUSAGE
MAINS SERVED WITH A CHOICE OF: CHIPS, BAKED BEANS JACKET POTATO AND CHOPPED SALAD
DELI WRAP: CHICKEN TIKKA
DESSERTS: DESSERT OF THE DAY

THURSDAY

MAIN COURSE: ROAST PORK OR ROAST CHICKEN
VEGETARIAN MAIN: SAVORY QUORN MINCE VEG AND ONION
MAINS SERVED WITH A CHOICE OF: ROASTED NEW POTATOES SEASONAL VEG JACKET POTATO BAKED BEANS
DESSERTS: DESSERT OF THE DAY

FRIDAY

MAIN COURSE: SOUTHERN FRIED CHICKEN BURGER OR SPCEY CHICKEN GOUJONS
VEGETARIAN MAIN: SOUTHERN STYLE QUORN BITES
MAINS SERVED WITH A CHOICE OF: CHIPS, BAKED BEANS, SLAW AND CHOPPED SALAD JACKET POTATO
DESSERTS: DESSERT OF THE DAY

SELECTION OF SANDWICHES AND SALADS

JACKET POTATOES WITH VARIOUS FILLINGS

FRESHLY MADE SOUP OF THE DAY

SELECTION OF FRESHLY PREPARED HOT AND COLD DESSERTS

WEEK 1	WEEK 2	WEEK 3	WEEK 4
--------	--------	--------	--------

SEPTEMBER						OCTOBER				
3	4	5	6	7		1	2	3	4	5
10	11	12	13	14		8	9	10	11	12
17	18	19	20	21		15	16	17	18	19
24	25	26	27	28		22	23	24	25	26
NOVEMBER						DECEMBER				
						3	4	5	6	7
5	6	7	8	9		10	11	12	13	14
12	13	14	15	16		17	18	19	20	21
19	20	21	22	23						
26	27	28	29	30						

AUTUMN MENU

OCTOBER– DECEMBER
2019



www.bloxwichacademy.co.uk

THIS DOCUMENT IS AVAILABLE ONLINE